

Get ready for

Your interview with the Eurofins network!

We've invited you to an interview - What now?



BEFORE THE INTERVIEW: PREPARATION IS KEY

01.

Understand the role

Re-read the job advertisement carefully. What are the expectations? Is it a one-on-one interview or a panel? Will there be technical questions? Try to clarify the format with the recruiter before the interview.



02.

Know who you'll be talking to

If you have been given the names of your interviewers, you can try to check their profile on LinkedIn to know more about their background and scope. Understanding their role in the company might help you tailor your questions and examples.



03.

Learn about the Eurofins network

Take the time to research the network. What do Eurofins companies do? What are our areas of expertise? What are our values and mission? Looking up recent news and developments can help bring relevant context to your answers. For updates, you can check our information centre [here](#).



04.

Match your experience to the job ad

Go through the job advertisement point by point, and for each requirement or responsibility, try to find a concrete example from your own experience that shows you're the right person for the role or an occasion where you showed similar qualities.



05.

Reach out (if possible)

If you know someone who has worked or did their internship within the Eurofins network, you can ask them about their experience. Tips from within the network are always useful.



Want to make sure you have an impactful response? Use the STAR Method!

The STAR method is a way to structure your answers clearly and effectively:

- **Situation** – What was the context?
- **Task** – What were you responsible for?
- **Action** – What steps did you take?*
- **Result** – What was the outcome?

*This step should represent about 80% of your response.

Prepare 2–3 examples that reflect your skills: teamwork, leadership, conflict resolution, or how you handled a challenge. Rehearsing them in advance will help you feel more confident.

DURING THE INTERVIEW: SHOW YOUR BEST SELF

01.

“Tell me about yourself”

This classic question is your chance to set the tone. Keep it concise and relevant. Connect your background and strengths to the role you’re applying for.



02.

Be clear and confident

Trust yourself. Speak clearly and don’t be afraid to take a short pause before answering. Focus on what you can bring to the table.



03.

Stay professional

Be polite and respectful to everyone you meet. Show enthusiasm but avoid overfamiliarity. Always remain transparent, even when discussing challenges or previous roles.



04.

Ask thoughtful questions

Asking questions at the end of the interview shows engagement. Think of questions that demonstrate interest in the team, company culture, or the challenges of the role.



For virtual interviews: be interview-ready

- **Test your internet connection** and meeting link ahead of time
- Choose a **quiet and well-lit space**
- Use a tidy, **professional background**
- Dress in a **professional outfit** (even at home)



AFTER THE INTERVIEW: REFLECT AND FOLLOW UP

01.

Be patient but proactive

Sending a thank-you email is a great way to stand out and signals seriousness to the recruiter, strengthening your motivation. Mention something specific from the conversation to make it personal or attach the latest version of your CV.



02.

Reflect on how it went

Take a few minutes to reflect on how the interview went — what felt strong, and what could be improved next time. This kind of reflection helps you grow from each experience, identify patterns, and build confidence for future conversations.



FINAL TIP: YOUR ENERGY MATTERS

- Be authentic – we want to meet the real you, not a rehearsed version
- Stay positive, even if you feel stressed
- Follow us online to discover more about the Eurofins network

Follow us on social media [@EurofinsGlobal](#) and on our [JobTeaser](#) page!

